



New Tools, Reports & Inspiration for Climate Resilience

Dear Doris,

As the days are getting shorter you may have more time to read up on all things related to climate change mitigation, soil health and regenerative agriculture. There is plenty to learn and act on in this edition of our newsletter so we hope you will take advantage of our November roundup of notable developments and new tools, and get inspired by our podcast interview with regenerative hero Will Harris from White Oak Pasture.

CalCAN releases new Climate Platform for **California Agriculture**

We are excited to share that ROC's coalition partner CalCAN has released a fantastic **Climate Platform for California Agriculture**, which includes sections on soil health, dairy, farmland conservation, water, and more. Check out the **site**, reports and upcoming **webinar series**!



STATE OF THE STATE

Taking stock of a decade of climate progress in California agriculture

emissions and adapt to climate change.

Part 1: Taking stock of a decade of climate progress in California agriculture

This report reviews the progress made by state and federal government over the past decade to support California farmers and farmworkers in their efforts to reduce net greenhouse gas

State of the State, timeline report State of the State, full report

Read the full reports at **CaAgricultureClimatePlatform.Org**

Part 2: Tools for Transformation -Cultivating climate resilience in 2030 and beyond

Details 50+ policy recommendations that are farm-focused, scientifically valid and economically and technically



TOOLS FOR TRANSFORMATION

Cultivating climate resilience in 2030 and beyond

feasible for producers to implement. CalCAN supports approaches that deliver not only climate solutions but also multiple on-farm, environmental and public health benefits.

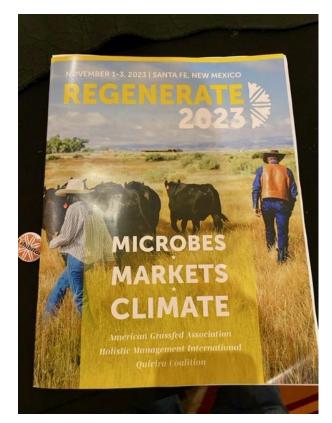
Executive summary Full report

Read the full reports at CaAgricultureClimatePlatform.Org

Regenerate Conference, Santa Fe, NM

The Regenerate Conference was held November 1-3 in Santa Fe, NM. Hundreds of young and old, Brown, Black and White farmers and ranchers from across the nation came to share and learn about regenerative food and fiber production. Sponsored by Quivira Coalition, American Grassfed Association and Holistic Management International, this is one of the most important gatherings of the year for livestock producers focused on the future.

California was well represented by many, including Cole Bush of Shepherdess Land and Livestock, Molly Taylor of PT Ranch, Torri Estrada of Carbon Cycle Institute and our own Michael Dimock. He was there to



join Anna Straus and Jim Kleinschmit, key partners in the **Growing GRASS** Climate Smart Commodities Partnership project that has just launched. Two folks featured in the film **Common Ground** also attended: **Alejandro Carrillo** is renown for his work in Chihuahuan desert of Northern Mexico and and Zach Ducheneaux, who is the first Native American Administrator of USDA's Farm Services Agency. It was a network weaving, celebratory event that lifted spirits for all attending.



L-r: Dave Carter of Flower Hill Institute, Carrie Balkcom of American Grassfed Association, Jim Kleinschmit, Other Half Processing & Growing GRASS Climate Smart Commodities Partnership project.



Brittany Cole Bush, Regenerative Shepherdess, Advocate, Educator and Entrepreneur, share her story of building a business in Ventura and Los Angeles Counties. Photo credit: Megan O'Connell



Flipping the Table Podcast

Will Harris Regenerates An Entire
Community Through White Oak Pastures

After decades of economic decline around the Harris family's farm White Oak Pastures, Will experienced an epiphany that led to a journey to what we now call regenerative agriculture. His story is about a pioneer's perseverance, love for animals, the land and a community.

His example could transform rural America.

Have a listen and get inspired!









Common Ground playing in Washington D.C.!



We are proud to be part of the promotion of the Common Ground film as it's being screened all across the U.S., and even in some international locations. It is already an enormous success with over 5,000 additional screening requests! We encourage anyone to request a screening in their community!

Last night, November 14th,
ROC's Michael Dimock along
with filmmakers filmmakers
Josh and Rebecca Tickell,
Elizabeth Whitlow, E.D.
Regenerative Organic Alliance,
Danielle Nierenberg, President
of Food Tank, and Kelsey
Scott, Founder of DX Beef,
along with others experts,

participated in a post-film panel at the **Miracle Theater**, **Washington**, **D.C.** It's also playing tonight if you are in the area: **Nov 15th screening**



Regenerative organic certifier Elizabeth Whitlow, regenerative organic farmer from Indiana Rick Clark,



Tambra Stevenson, public health Ph.D. candidate and healthy food advocate, with Michael Dimock at D.C.

and Common Ground director Josh Tickell talk with Congresswoman Chellie Pingree before the D.C. screening.

reception before the Common Ground screening.

The film is being screened across the US. To see if it's playing somewhere close to you, check <u>here</u>.

Request a Screening

Watch the Trailer

PHI Study: Participants in Food as Medicine Program Showed Clinically Significant Improvements in Managing Diabetes

ROC is involved in policy work and a Food as Medicine project in Stockton (we will report more on this in the coming months). We are excited to share this study with you:

A study of Abbott's Healthy Food Rx, a food as medicine program that

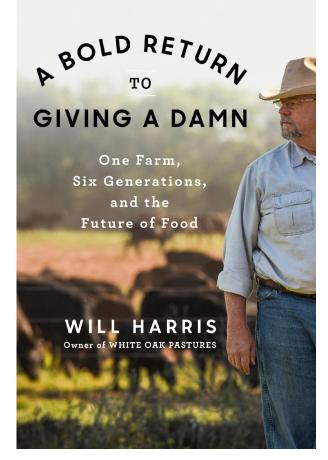


provides home-delivered medical prescriptions of healthy food to help address diabetes, showed clinically important benefits for people with diabetes. The real-world study, which was conducted by the Public Health Institute's <u>Center for Wellness and Nutrition</u> (ROC's partner program) in an active community clinic over a 12-month period, found that Healthy Food Rx participants had lower A1C levels, improved diabetes self-management, and improved overall diet quality and food security. <u>READ MORE</u>

Reminder:

Support a Regenerative Hero!

Will Harris of White Oak



Pastures wrote a book that everyone needs to read:

A Bold Return to Giving a Damn!

From a pioneer of the regenerative agriculture movement, a memoirmeets-manifesto on betting the farm on a better future for our food, animals, land, local communities, and our climate.

Order the Book here: "A Bold Return to Giving a Damn!"

Thank you for your interest and support of our work!

Doris Meier Editor of the PULSE Roots of Change



Current Projects

2022 Policy Work

Podcast







Roots of Change is a program of the **Public Health Institute**











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