



May This Spring Bring a New Birth of Freedom!

Greetings!

Over Four Hundred Years and We've Not Yet Achieved Our Most Basic Principle

The founders stated that all “men” are created equal, but they fudged when it came to black men and from that oppressive patriarchal



stance, privileged white men built into our most essential structural DNA a sin that has still not been cleared from our national soul. This system for maintaining white male power was used to practice genocide on native Americans, to oppress women, many European-new comers to the US, all people of color and those who are gay, lesbian or gender nonconforming. It is my hope that the unjust and unpunished murders and oppression of any group of human beings will one day end. But for that to happen all people must do their part.

Hope is hard to maintain given the 38 well documented and highlighted murders of black people since 2014. Although this count begins with 12-year-old Tamir Rice in 2014 and ends with George Floyd, two weeks ago, there are thousands of others over centuries who remain hidden, unnamed or unrecognized. History proves that without justice there can be no peace. I align with all people calling for justice and I see food justice as part of the continuum.

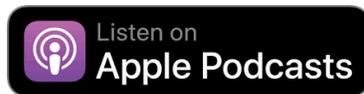
I invite you to help in the process of making amends for our nation’s original sin by offering some financial support to one of the organizations linked below. All are working to achieve true equality, our nation’s most basic principle. I also invite you to take in the messages offered in the **Deepen Your Knowledge** section below. These messages are not always comfortable to hear and yet

they are essential to be heard and understood with an empathic heart. For this is how the healing will begin. *(photo credit: Fibonacci Blue/Flickr)*

Deepen Your Knowledge

A New Flipping the Table Podcast with Miakoda (Jyll) Taylor, founder of Fierce Allies

Our new dialogue on the role of feeling in healing the wounds created by the divides of race and privilege.



Michael Render's Powerful Statement in Atlanta

The eloquent and heartfelt statement of a black leader who is the son of a police officer.



Trevor Noah Breaks It Down for Us All

His clear statements on the effect of Covid-19, destruction of the social contract and "the looting of black bodies."

Margaret Renkl, Contributor to The New York Times

An Open Letter to My Fellow White Christians

I concur with Ms. Renkl's statement that as a nation proclaiming to be



Christian, “our sins are grievous, but we are not yet beyond redemption.”

(Photo credit: Alyssa Schukar for The New York Times)

Share the Abundance



Please strengthen the movement creating change by making a contribution

[Black Lives Matter](#)

[The NAACP Legal Defense Fund](#)

[The Southern Poverty Law Center](#)

[A National List of Black-Owned Food Businesses You Can Patronize](#)

(Illustration credit: John Hain/Pixabay)

With belief that our nation can change,

Michael Reid Dimock
President
Roots of Change
A Program of the Public Health Institute

Roots of Change



mail@rootsofchange.org | www.rootsofchange.org