



A "Wild" Organic Farmer Shares His Wisdom, Naima Penniman Coming Soon and Our Bioneers Invitation

Greetings!

Today Episode 2 of Flipping the Table's New Imhoff Archives Series



Dan Imhoff interviews Eliot Coleman, a pioneer of the organic farming movement. Eliot is a writer with three books that reveal his deep understanding of what plants need to thrive without the use of synthetic chemicals. Eliot has travelled the world gleaning knowledge that has rendered his Four Season Farm on the coast of Maine a model of success. If you have a garden, love organic food or seek inspiration, you'll enjoy the interview.



(Photo credit: Instagram account Four Season Farm)



Our Next Episode: A Conversation with Naima Penniman on December 24th

Spoken word poet, singer, activist, teacher and farmer, Naima Penniman is a huge talent. She is fearless, forceful and clear about her vision for a better world and what we must all do to get it. Naima joins me in a conversation about her



inspiring and beautiful work, and offers two poems that will touch your soul. And she will be a headliner at the coming Bioneers Conference. Learn more below!

(Photo credit: alisongootee)

Please Support this Podcast

Roots of Change would like to sustain **Flipping the Table** through 2021, but we will not be able to do it without your support. Each episode costs us a bit under \$1,700 to produce and distribute. This means \$40,000 to offer our listeners 24 podcasts per year. If we had an additional \$20,000 to promote the program, we believe we could grow our listenership to a level that would allow us to begin selling advertising. Thus, I am hoping to raise \$60,000 to underwrite Flipping the Table for another year. We will list all of our sponsors on our website and feature any business or philanthropy that donates \$2,500 to support the program in a segment of a podcast episode. I hope you will support this effort to provide meaningful content on important issues related to the future of food and farming. **Thank you for considering my appeal!**



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Last Call to Partake of This Special Bioneers Invitation to the ROC Community



The Bioneers 2020 Conference is themed “Beyond the Great Unraveling: Weaving the World Anew.” This year’s conference is going virtual over the first two weekends in December and boasts a very strong and dynamic lineup of speakers and panels focused on food and agriculture issues. Examples include:

- Three Pillars for 21st Century Food Security: Regenerative Agriculture, Local Food and New Farmers
- Leah Penniman - Farming While Black: Uprooting Racism and Seeding Sovereignty
- BIPOC Leaders Share Food Sovereignty Strategies

The Bioneers 2020 Conference also features compelling environmental and social justice panels that the Roots of Change community will find of great interest.

We are grateful that **Bioneers is offering the ROC community a 20 percent discount** on an already very reasonable price in this difficult year. If anyone has ever considered attending a Bioneers Conference, this is a really good year to check it out! See the super brief and dynamic promo video!

- **REGISTER AT THIS LINK**
- **ROC DISCOUNT CODE: jlcu3c**

Thank you!

A handwritten signature in black ink, appearing to read "Michael Reid Dimock".

Michael Reid Dimock
Host of Flipping the Table
*Sponsored by Roots of Change and
the Public Health Institute*



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