



"Flipping the Table"

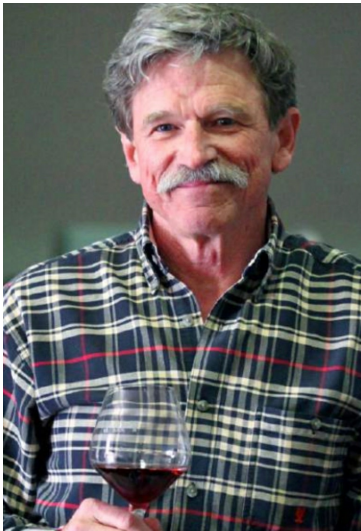
March 26, 2019

Volume 1, Issue 5

New Podcast Episode: Regenerative Farming

Greetings!

What does it take to be a regenerative farmer? The answer becomes clear from this 2-part conversation between [Paul Dolan](#) and host Michael R. Dimock.



Paul is a pioneer of the organic and biodynamic farming movements and was the first CEO to take one of the world's largest wine companies organic: Fetzer Vineyards. His wisdom will inspire your faith in the future.

If you want to learn more about Paul, here is a link to his [vineyard company](#) and here is another to

his [winery](#) in the Dry Creek Valley of Sonoma County.



Our latest podcast episode featuring a conversation with Paul Dolan:



If you are new to "[Flipping the Table](#)", please explore some past programs. There are fascinating conversations with powerful changemakers, including: [J. Miakoda Taylor](#), founder of Fierce Allies and a gifted bridge builder. If you are interested in healing divides in our culture, this podcast is for you. They helped host Michael R. Dimock to cross boundaries of race and privilege to become an authentic ally to people historically oppressed and systemically excluded from the abundance available in the food system.

Hear [Dr. Howard Yana-Shapiro](#), Chief Agricultural Officer of Mars Inc. constructively spar with Michael over genetic engineering. Dr. Shapiro is a huge thinker and organizer of uncommon collaborations aimed at creating agricultural resilience globally. Dan Imhoff, author of the best book on the [Farm Bill](#) and how it must be reformed, explores what the future farm bill should look like; Naomi Starkman, the dynamic founder of [Civil Eats](#), is

Michael's go to source on all food system news; and Anya Fernald the sustainable, grass-finished meat revolutionary behind [Belcampo Meat Co.](#) talks about what meat can mean for your body, taste buds and the planet. And don't miss Michael's biweekly 3- and 4-minute briefs on the food movement and healthy food and farming.

Blog versions of Michael's briefs are available [here](#). Our [podcast page](#) contains a list of many upcoming programs, which we hope you will like.

Please offer a rating, review or comments on our [iTunes](#) and [Spotify](#) page. And [email us](#) with a suggested interview or topic for Michael's brief.

Farming to Save the Earth

Come see Michael speak with Paul, **live, in Mill Valley on April 3rd at the Outdoor Club for a Commonwealth Club event.** Here is the RSVP link that includes **discounted** tickets for the ROC network.

RSVP here:Farming to Save the Earth



We'd like to hear from you; please send comments to comments@flippingthetable.org.

Thank you.

A handwritten signature in black ink that reads "Patrick Sexton".

Patrick Sexton
Producer
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A Project of Roots of Change



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