



"Flipping the Table"

January 24, 2019

Volume 1, Issue 2

A Periodic Series: 3 Minutes on the Good Food Movement, No. 1

Greetings!



[Here is the very brief opening segment](#) in a periodic series of offerings with thoughts on the food movement from host Michael Reid Dimock.

With 25 years of working with others from international, national, state and local organizations to transform food and farming, he has perspective. Often, he has more questions than answers, but his experience may add to your understanding of how you'd like to participate in the great change underway.

Podcast: 3 Minutes on the Good Food Movement, No. 1



Episode 2 in our regularly scheduled series will be next Tuesday, January 29th. It will feature an interview with [Naomi Starkman](#), the respected founder and editor-in-chief of the online news source, [Civil Eats](#). The topic will be her **10 years of frontline observations about the food movement**.

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Thank you.

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A Project of Roots of Change



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