



"Flipping the Table"

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Volume 1, Issue 13

Season One: The Final Episode

Greetings!

Host Michael Reid Dimock and Producer Patrick Sexton look back on a great year of conversations about food, farming and the future. With snippets from memorable moments, we hear what they took away from six of the 27 guests featured in season I.



[Soul-filled rapper Eligh](#) describes why his relationship to his fans is much like that of the farmer to his soil.

Click on the guests' images to hear the respective episodes.

Farmers [Chris Sayer](#) and [Paul Dolan](#) share the successful farmer's relationship to risk and the opportunity to not just look, but to see what is actually happening in their soil and with their plants.



And three powerful women [J. Miakoda Taylor of Fierce Allies](#), [Erin Fitzgerald of US Farmers and Ranchers Alliance](#) and [Clare Fox of the Los Angeles Food Policy Council](#) reveal why they are leaders to watch as they work to change the food system and our culture, which needs so much healing.



Season II Begins Soon!

Our first episode of season two will drop on **January 9th**!

The first guest of the year is [Peter Hoffman](#), the chef who brought the farm to table dining experience to New York City back in 1990 through Savoy, his iconic restaurant. Peter has been a culinary star for 30 years running very successful restaurants in our nation's capital of finance, media and the arts. He has also been an activist and catalyst by hosting meal-centered events that focused on issues related to food, farming and the future. As you will see in our season opener, Peter is also a deeply informed, thoughtful, very articulate and interesting human with a fascinating life history. He is the first in a series of groundbreaking makers, chefs, activists and farmers from the New York Metro area that will air in the opening months of 2020.



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We look forward to providing you with compelling and important conversations from the frontlines of the food movement in the New Year!

A handwritten signature in black ink that reads 'Patrick Sexton'.

Patrick Sexton
Producer
Flipping the Table Podcast
A Project of Roots of Change



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