



*New Podcast Episode:*

## LA Food Policy Council Leader, Clare Fox, Shares how the Food System is Medicine for Healing our Society

Greetings!



Los Angeles is the nation's second largest city with over 220 languages spoken by its people, a level of diversity equaled by only Houston and New York. It's a city with a history of racial conflict, born of great disparities in wealth, justice and healthy food access. It

is also the home of perhaps the nation's largest and most effective food policy council. Clare Fox is the executive director of the [LA Food Policy Council](#) and a person whose life has been dedicated to healing divides by including those voices historically left out of major policy decisions that impact millions. Clare understands how to build power, where the roots of injustice are found and that actions, not words, are most needed now.



As she says, her personal story of healing from poor nutrition is intimately linked to her work to help heal a rich and resilient community. Hear her story and the incredible history of success in making change in LA and beyond by hitting **one of the three podcast links below**.



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In case you missed it, here is [the link](#) to our June 25<sup>th</sup> episode, which was taped at the bi-annual LA Food Policy Council Gala. It is brief, but includes the voices of both Clare and [Joann Lo](#), former chair of the LAFPC and leader of the [Food Chain Workers Alliance](#).

These two episodes reveal what makes for a great food policy council. Anyone interested in making change around food systems in their community and beyond will find these episodes both inspiring and instructive.

(Photo: Joann Lo)



(Photo: LA Food Policy Gala)

## We're on a Roll

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Thank you!



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