### **Roo**s of Change

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## ROC Launches Two New Initiatives & Hosts A Big Bash Next Week!

Greetings!

#### New Podcast: Flipping the Table, Honest Conversations About Food, Farming and the Future

It took a while, but with support from many ROC contributors and Whole Foods Market, a <u>new food movement podcast</u> will launch on January 15<sup>th</sup>. After twenty-five years of organizing and advocating for change, Michael R. Dimock has the relationships and knowledge to deliver enlightening conversations with leaders from far and wide. It will feature those individuals who are reshaping how we will feed ourselves in ways that regenerate health and resilience.





Learn more here



#### Healthy Food Action: A Network to Rally the Healthcare Sector for Food Policy Change

Dr. David Wallinga, physician, public health and policy expert from NRDC, invited ROC to become its partner in inspiring action nationally from

doctors, nurses and other healthcare practioners. With thousands in his network, Dr. Wallinga believes ROC's organizing, communications experience and deep understanding of what is needed in food policy, will strengthen his ongoing effort to rally the voices of those most in touch with the health of the American people. Learn more here and sign up to follow the information flow and calls to action that will begin this month!

# Annual Food Movement Event in Sacramento: Next Tuesday, January 15<sup>th</sup>, 5:30pm- 8:00 pm

ROC is again co-hosting and co-sponsoring the California food movement's annual policy event in Sacramento. Renown Chef, Patrick Mulvaney, has once again offered his cherished farm-to-table restaurant, <u>Mulvaney's B&L</u> as the venue.

The event features the release of the annual food and legislation tracker and scorecard (now one document) and presentation of awards to policy champions. This year former Senator and now Insurance Commissioner Ricardo Lara, Senator Bill Monning and newly reappointed Secretary of the California Department of Food and Agriculture, Karen Ross, will be recognized for their good work.



#### Register to attend here.

(Image from last year's release party: Assemblymember David Chiu receiving a Food Policy Champion award)

With a vision to grow the food movement may your 2019 be healthy and happy!

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